

HEALTH AWARENESS JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10 Nat'l Obesity Awareness Wk 10-16.1	11	12	13
14	15	16	17	18	19	20
21 Nat'l Healthy Weight Wk 21-27.1	22	23	24	25	26	27
28 World ' eprosy Day	29	30 Chronic Traumatic Encephalopathy (CTE)	31			

Awareness Months

Love Your Liver Awareness Month
Thyroid Awareness Month
Glaucoma Awareness Month
Blood Donor Month (US)

Cervical Health Awareness Month
Blrth Defects Awareness Month (US)

HEALTH AWARENESS FEBRUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Women's Heart Week 1-7.2	2 Rheumatoid Arthritis Awareness Day	3
4 World Cancer Day	5	6	7 CHD Awareness Week 7-14.2	8	9	10
11 Heart Failure Awareness Week 11-17	12 Int. Epilepsy Day	13	14 National Donor Day US Nat. Condom Week US 14-21	15	16 Nat. Caregivers Day US	17
18	19	20	21	22 National Heart Valve Disease Awareness Day	23	24
25	26	27	28	29 Rare Disease Awareness Day		

Awareness Months

Heart Health Awareness Month
AMD/ Low Vision Month
Children's Dental Health Month (US)
Cancer Prevention Month (US)

Int. Prenatal Infection Prevention Month
Gallbladder & Bile Duct Cancer Month
Low Vision Awareness Month

HEALTH AWARENESS MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 International Wheelchair Day	4 World Obesity Day HPV Awareness Day	5	6	7	8 International Women's Day	9 World Kidney Day
10 Patient Safety Awareness Week 10-16	11	12	13	14 World Kidney Day	15 World Sleep Day	16
17 Nat. Poison Prevention Week US 17-23	18	19	20	21 World Down's Syndrome Day	22	23
24 World Tuberculosis Day	25	26 Purple Day for Epilepsy	27	28	29	30 Doctors' Day World Bipolar Day
31						

Awareness Months

Kidney Awareness Month
Brain Injury Awareness Month
Multiple Sclerosis Awareness Month

Colorectal Cancer Awareness Month
Cerebral Palsy Awareness Month
Bleeding Disorders Month
Endometriosis Month

HEALTH AWARENESS APRIL 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Take Down Tobacco Day World Autism Acceptance Wk 1-7.4	2 World Autism Awareness Day	3	4	5	6
7 World Health Day	8	9	10	11 Parkinson's Disease International Awareness Day	12	13
14 World Chagas Disease Day	15	16 Oral, Head & Neck Cancer week 16-22	17 World Hemophilia Day	18	19	20
21	22 Earth Day	23	24 World Immunization Wk 24-30.4	25 World Malaria Day	26	27
28 World Day for Safety and Health at Work	29 Patient Experience Week 29- May 3	30				

Awareness Months

Parkinson's Disease Awareness Month
Global Child Nutrition Month
Sexually Transmitted Diseases Month
Sexual Assault Awareness Month
Testicular Cancer Awareness Month

Autism Awareness Month
Limb Loss Awareness Month
Foot Health Awareness Month
Parkinson's Awareness Month

HEALTH AWARENESS MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 International Scurvy Awareness Day	3	4
5 World Hand Hygiene Day Children's Mental Health Wk 5-12.5	6 World Ankylosing Spondylitis Day	7 World Asthma Day	8 World Ovarian Cancer Day	9	10 World Lupus Day	11
12 Awareness for Chronic Immunological & Neurological Diseases Day	13	14	15 Hyperemesis Gravidarum Awareness Day	16	17 World Hypertension Day	18 HIV Vaccine Awareness Day
19 World IBD Day	20 Autoimmune & AutoInflammatory Arthritis Day	21	22 World Preeclampsia Day	23	24 World Schizophrenia Day	25 World Thyroid Day
26	27	28	29 World Digestive Health Day	30 World MS Day	31 World No Tobacco Day	

Awareness Months

Arthritis Awareness Month
 Maternal Mental Health Month
 ALS Awareness Month
 Better Hearing & Speech Month
 Celiac Disease Awareness Month
 Skin Cancer Awareness Month
 Preeclampsia Awareness Month

Skin Cancer Awareness Month
 Tourettes Awareness Month
 Lupus Awareness Month
 Hepatitis Awareness Month
 Bladder Cancer Awareness Month
 Cystic Fibrosis Awareness Month
 Osteoporosis Awareness Month

HEALTH AWARENESS JUNE 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 International Haemochromato sis Week 1-7.6
2	3	4	5 World Environment Day	6	7 World Food Safety Day	8 World Brain Tumor Day
9	10 Men's Health Week	11	12	13	14 World Blood Donor Day	15 World Elder Abuse Awareness Day
16	17 World Continence Week 17-23.6	18 Autistic Pride Day	19 World Sickle Cell Day	20	21 Global MND Awareness Day	22
23	24	25 World Vitiligo Day	26 Inter'l Day Against Drug Abuse & Illicit Trafficking	27	28	29 World Scleroderma Day
30						

Awareness Months

Alzheimer's and Brain Awareness
Aphasia Awareness Month
Myasthenia Gravis Awareness Month
Cataract Awareness Month

PTSD Awareness Month
Scleroderma Awareness Month
Men's Health Month
Migraine & Headache Awareness

HEALTH AWARENESS JULY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11 World Population Day	12	13
14	15	16	17	18	19	20
21	22 World Brain Day	23 World Sjogren's Day	24	25	26	27
28 World Hepatitis Day	29	30	31			

Awareness Months

Cord Blood Awareness Month

Healthy Vision Month

Sarcoma Awareness Month

International Group B Strep Awareness Month

IUV Safety Month

Juvenile Arthritis Awareness Month

HEALTH AWARENESS AUGUST 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 World Breastfeeding Wk (WBW)1-7.7 World Lung Cancer Day	2	3 Cloves Syndrome Awareness Day
4 Nst. Health Center Week US	5	6	7	8	9	10
11	12	13	14	15	16	17
18 World Breast Cancer Research Day	19 World Humanitarian Day	20	21	22	23	24
25	26	27	28	29	30	31 International Overdose Awareness Day

Awareness Months

Gastroparesis Awareness Month

Psoriasis Action Month

Spinal Muscular Atrophy Awareness Month

Children's Eye Health and Safety Awareness Month

Digestive Tract Paralysis Awareness Month

HEALTH AWARENESS SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 World Sexual Health Day	5	6	7 World Duchenne's Awareness Day
8 Folic Acid Awareness Week 8-14.9	9 International Fetal Alcohol Spectrum Disorders Awareness Day	10 World Suicide Prevention Day	11	12	13 World Sepsis Day	14
15 World Lymphoma Awareness Day	16 World Mitochondrial Disease Week 16-22.9	17 World Patient Safety Day	18 Fungal Disease Awareness Wk18-22.9	19 Aortic Dissection Awareness Day	20	21 World Alzheimer's Day
22	23 World Lung Day	24	25 Inter'l Ataxia Awareness & Pharmacists Day	26 World Contraception and World Rabies Day	27	28
29 World Heart Day	30					

Awareness Months

Blood Cancer Awareness Month
 Childhood Cancer Awareness Month
 Gynecologic Cancer Awareness Month
 Pain Awareness Month
 Sepsis Awareness Month
 World Alzheimer's Month
 Sexual Health Awareness Month

ITP Awareness Month
 Food Safety Education Awareness Month
 Healthy Aging Month
 Ovarian Cancer Awareness Month
 Suicide Prevention Awareness Month
 Prostate Cancer Awareness Month
 Polycystic Ovary Syndrome Month

HEALTH AWARENESS OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 International Day of Older Persons	2	3	4	5 World Meningitis Day
6 World Cerebral Palsy Day Mental Illness Awareness Week	7 Child Health Day	8	9	10 World Mental Health Day World Sight Day	11 International Day of the Girl	12 World Hospice and Palliative Care Day
13 Metastatic Breast Cancer Awareness Day	14	15 Global Handwashing Day Inter'l Infection Prevention Wk 15-21.10	16 World Food Day	17	18 Sudden Unexpected Death in Epilepsy (SUDEP) Action Day	19 World Pediatric Bone and Joint Day
20 World Osteoporosis Day Respiratory Care Wk 20-26.10	21	22 International Stuttering Awareness Day	23	24	25	26
27	28	29 World Psoriasis Day	30 World Hypophosphatemia Day	31		

Awareness Months

Breast Cancer Awareness Month
Down Syndrome Awareness Month
Eye Injury Prevention Month
Healthy Lung Month
Liver Cancer Awareness Month

CMT Disease Awareness Month
Health Literacy Month
Domestic Violence Awareness Month
SIDS Awareness Month
Spina Bifida Awareness Month

HEALTH AWARENESS NOVEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 Nat. Diabetes Education Week US	4	5	6	7	8 International Day of Radiography	9
10 World Keratoconus Day	11	12 World Pneumonia Day	13	14 World Diabetes Day	15	16
17 World Prematurity Day	18 US Antibiotic Awareness Week	19 GERD Awareness Week 19-25.11	20 World COPD Awareness Day	21 World Pancreatic Cancer Day	22	23 Inter'l Survivors of Suicide Loss Day
24	25 Inter'l Day for the Elimination of Violence Against Women	26	27	28	29	30

Awareness Months

Bladder Health Month
COPD Awareness Month
November
Pancreatic Cancer Awareness Month

American Diabetes Month
Stomach Cancer Awareness Month
Lung Cancer Awareness Month
Prematurity Awareness Month

HEALTH AWARENESS DECEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 World AIDS Day Crohn's & Colitis Awareness Wk 1-7.12	2 Nat. Handwashing Awareness Week 2-8	3 International Day of Persons With Disabilities	4 National Influenza Vaccination Week 4-9	5	6	7
8	9	10 Human Rights Day	11	12 International Universal Health Coverage Day	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27 Day of Epidemic Preparedness	28
29	30	31				

Awareness Months

Universal Human Rights Month

Gift of Sight Month

Worldwide Food Safety Month